

## **EMT-Basic facts . . . According to Occupational Outlook Handbook**

EMT-Basics are trained to care for patients on accident/medical scenes and on transport by ambulance to hospital under medical direction.

EMT-Basics have the emergency skills to assess a patient's condition and manage medical and trauma emergencies.

Because emergency services function 24 hours a day, EMTs have irregular working hours that add to job stress.

EMTs and paramedics held about 150,000 jobs in 1998 with many more volunteering, especially in smaller cities, towns and rural areas.

Most career EMTs and paramedics work in metropolitan areas. Nearly half are employed by private ambulance firms. One-third work in local government for fire departments and independent agency service providers. One-fifth are employed by hospitals.



## **How to Start an EMT Basic Course For High School Seniors**

1. Contact the Health Professions Program Manager at the Idaho Division of Professional Technical Education (below) and request Form 10N: Request for a New Secondary Professional-Technical Education Program.

Note: You can download Form 10N in PDF version from the IDPTE Web Site at: [www.pte.state.id.us](http://www.pte.state.id.us). Go to the Documents section from the home page and select "Applications and Forms." (Requires Adobe Acrobat Reader)

2. Complete all sections of Form 10N, including:
  - Cover Sheet,
  - Program Narrative
  - Equipment and Tool List
  - Budget Sheet
  - Course Outline

3. Send Form 10N (via mail or fax) before Feb 14<sup>th</sup> of each funding year to:

SeAnne Safaii  
Health Professions Program Manager  
Idaho Division of Professional-Technical Ed.  
Phone: 208-334-3216 – Fax: 208-334-2365  
email: [sjsafaii@pte.idaho.gov](mailto:sjsafaii@pte.idaho.gov)  
IDPTE Web Site: [www.pte.idaho.gov](http://www.pte.idaho.gov)  
650 W. State Street, Room 324 – P.O. Box 83720  
Boise, Idaho 83720-0095

# **HOW TO START AN EMT BASIC COURSE FOR HIGH SCHOOL SENIORS IN IDAHO**

## Why Start an EMT-Basic Course for High School

The EMT-Basic course teaches high school seniors how to respond under medical supervision to critical emergencies such as automobile accidents, heart attacks, near drownings, unscheduled childbirths, poisonings and gunshot wounds – to name only a few. They learn how to open airways, restore breathing, control bleeding, treat for shock, administer oxygen, immobilize fractures and bandage wounds, for example.

EMT-Basic students are exposed to a wide variety of health professionals that demand quick and level headed reactions to life and death situations, including doctors, nurses, therapists, tech-

nologists, technicians and assistants. This exposure provides an excellent opportunity for students to decide on a satisfying career in the health professions to pursue at the postsecondary level.

EMT-Basic graduates are an asset to their community because they know how to respond quickly and efficiently to a wide variety of health-related emergencies.

EMT-Basic graduates are an asset to themselves. This background can enhance employment opportunities, regardless of occupational selection. Hiring an EMT-Basic course graduate just makes good sense for many organizations.

## The EMT-Basic Curriculum

This is a 2 semester course involving approximately 180 hours of training. Students receive 2 semester credits upon successfully completing the course.

### Didactic (Theory) Component

Cardiopulmonary Resuscitation  
Preparing to Become an EMT-Basic  
Airway Management  
Patient Assessment  
Medical Emergencies  
Behavioral Emergencies  
OB / GYN Emergencies  
Traumatic Emergencies  
Pediatric Emergencies  
Ambulance Operations



### Clinical (Practical) Component

Patient Assessment Trauma Procedure  
Patient Assessment Medical Procedure  
Cardiac Arrest Management / AED Procedure  
Bag-Valve-Mask Apneic Patient Procedure  
Spinal Immobilization Supine Patient Procedure  
Spinal Immobilization Seated Procedure  
Immobilization Skills Long Bone Procedure  
Immobilization Skills Joint Injury Procedure  
Immobilization Skills Traction Splinting Procedure  
Bleeding Control / Shock Management Procedure  
Airway, Oxygen and Ventilation Skills Procedure  
Upper Airway Adjunct Procedure  
Suction Procedures  
Mouth to Mouth With Supplemental  
Oxygen Procedure  
Oxygen Administration Procedure  
Extrication Procedure

## Course Prerequisites

High school seniors who have successfully completed the classroom-based "Orientation to Health Occupations for Secondary Students" or the "Fundamentals for Health Professions Internet Course" are eligible to enroll in the EMT-Basic course. They also must possess a valid driver's license, be 18 years of age at the time of taking the national registry examination; be physically able to transport themselves and equipment over rough terrain; and read, write and speak English.

## EMT-Basic Certification

Graduates of an approved EMT Basic course and who pass a written and practical examination administered by the State agency or National Registry of Emergency Medical Technicians earn the title of Registered EMT-Basic.

## Tech-Prep "Dual Credit"

This course also is a prerequisite for EMT-Intermediate and EMT-Paramedic training at the postsecondary level. Students that complete the EMT-Basic course may be eligible for dual "tech-prep" credit at articulating postsecondary EMT programs.

## EMT-Basic Instructor Qualifications

EMT-Basic instructors must be state-approved by either the Emergency Medical Services Bureau or Emergency Services Training and be certifiable as a secondary professional-technical educator.